

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 1/5-1/9

CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months
Fruit	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Milk	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mixed Fruit Natural Juice	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Frz Blueberries	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Peaches in natural juice	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Applesauce
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Protein	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months
Grain	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Vegetable	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Fruit	or	or	or	or	or
Milk	0-4 Tbsp Chicken and 0-2 Tbsp Applesauce	0-4 oz Ground Turkey and 0-2 Tbsp Peas	0-4 Tbsp Egg Patty and 0-2 Tbsp Blueberries	0-4 Tbsp Ham and 0-2 Tbsp Green Beans	0-4 Tbsp Ground Turkey and 0-2 Tbsp Bananas
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months
Different	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Components	0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Pita Bread and 0-2 Tbsp American Cheese	0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Yogurt and 0-1/2 Graham Crackers	0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Whole Grain Soft Pretzel and 0-2 Tbsp Bananas	0-4Tbsp Oatmeal Infant Cereal or 0-4 Grain Rich Crackers and 0-2 oz American Cheese	0-4Tbsp Oatmeal Infant Cereal or 0-4 Animal Crackers and 0-2 Tbsp Apples

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped
This institution is an equal opportunity provider and employer.

**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 1/12 - 1/16

CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months
Fruit	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Milk	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mandarin Oranges	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Peaches	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mango	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Blueberries
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Protein	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months
Grain	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Vegetable	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Fruit	or	or	or	or	or
Milk	0-4 Tbsp Ham and 0-2 Tbsp Peas	0-4 oz American Cheese and 0-2 Tbsp Corn	0-4 Tbsp Egg Patty and 0-2 Tbsp Strawberries	0-4 Tbsp Chicken and 0-2 Tbsp Cauliflower	0-4 Tbsp Ground Turkey and 0-2 Tbsp Carrots
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months
Different	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Components	0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Soft Tortillas and 0-2 Tbsp American Cheese	0-4Tbsp Oatmeal Infant Cereal or 0-2 Graham Crackers and 0-2 Tbsp Apples	0-4Tbsp Oatmeal Infant Cereal or 0-4 oz American Cheese and 0-2 Tbsp Peaches	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Dannon Light & Fit Yogurt and 0-2 Tbsp Strawberries	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Grain Rich Goldfish and 0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped)

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 1/19-1/23 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Fruit	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Apples	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Pears	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Applesauce	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Strawberries
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Protein	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Turkey and 0-2 Tbsp Broccoli	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Chicken and 0-2 Tbsp Peas	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Egg Patty and 0-2 Tbsp Blueberries	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Turkey and 0-2 Tbsp Potatoes	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ham and 0-2 Tbsp Green Beans
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 Tbsp Grain Rich Crackers and 0-2 Tbsp American Cheese	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Banana Bread and 0-2 Tbsp Mandarin Oranges	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Grain Rich Goldfish and 0-2 Tbsp Bananas	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Damon Light & Fit Yogurt and 0-2 Tbsp Mango	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Saltines and 0-2 oz American Cheese

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★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 1/26-1/30

CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Fruit	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Apples	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mango	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Blueberries	0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Pears
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Protein	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Peas	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Turkey and 0-2 Tbsp Pineapple	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Sausage and 0-2 Tbsp Strawberries	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Turkey and 0-2 Tbsp Green Beans	0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Broccoli
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Grain Rich Crackers and 0-2 oz American Cheese	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Graham Crackers and 0-2 Tbsp Peaches	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Grain Rich Goldfish and 0-2 Tbsp Bananas	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Muffin Squares and 0-2 Tbsp Apples	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 oz American Cheese and 0-2 Tbsp Mixed Fruit

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