

# ★ GREAT BAY KIDS ★

## School Age Snack Menu

Menu for the Week of: 10/6-10/10, 11/3-11/7, 12/1-12/5/2025

Menu A	Age 5+	Monday	Tuesday	Wednesday	Thursday	Friday
Fruit/Vegetable	3/4 Cup	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Mandarin Oranges	Assorted Fresh Fruit
Grain	1 oz eq	WGR Chex Snack Mix	Nutri-Grain Bars	WGR Frosted Mini Wheats	WGR Goldfish	WGR Ritz
Meat/Meat Alt	1 oz eq		Cheese Sticks			

Menu for the Week of: 10/13-10/17, 11/10-11/14, 12/8-12/12/2025

Menu B	Age 5+	Monday	Tuesday	Wednesday	Thursday	Friday
Fruit/Vegetable	3/4 Cup	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Sliced Cucumber with Dip	Assorted Fresh Fruit
Grain	1 oz eq	Veggie Straws	WG Smartfood Popcorn	Oatmeal Bars		WGR Muffin Squares
Meat/Meat Alt	1 oz eq	Cheese Sticks		American Cheese	WGR Cheddar Sun Chips	
Yogurt	1/2 Cup					

Menu for the Week of: 10/20-10/24, 11/17-11/21, 12/15-12/19/2025

Menu C	Age 5+	Monday	Tuesday	Wednesday	Thursday	Friday
Fruit/ Vegetable	3/4 Cup	Assorted Fresh Fruit	Assorted Fresh Fruit	Blueberries	Assorted Fresh Fruit	Assorted Fresh Fruit
Grain	1 oz eq	Hard Pretzels with Dip	Oats & Honey Bars	Granola	WG Rice Cakes with Sunbutter	Nutri-Grain Bars
Meat/Meat Alt	1 oz eq		Cheese Sticks			American Cheese
Yogurt	1/2 Cup			Low Fat Yogurt		

Menu for the Week of: 10/27-10/31, 11/24-11/28, 12/22-12/26/25

Menu D	Age 5+	Monday	Tuesday	Wednesday	Thursday	Friday
Fruit/Vegetable	3/4 Cup	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Carrots with Dip	
Grain	1 oz eq	Oatmeal Bars	WGR Pita Chips with Hummus	Veggie Straws	WGR Animal Crackers	WGR Club Crackers
Meat/Meat Alt	1 oz eq	American Cheese		Cheese Sticks		American Cheese

\*Snack Includes 2 different components

\*Fresh Fruit includes Apples, Bananas, Nectarines, Oranges, Peaches, Pears, Plums.

Whole Milk for 1 year olds & 1% milk for 2 years old and up.

Great Bay Kids is an equal opportunity provider and employer.

WG = Whole Grain

WW = Whole Wheat

WGR = Whole Grain Rich