

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 10/6 - 10/10-2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mango and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mixed Fruit and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Apples and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Broccoli and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Corn and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Sausage	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Carrots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Pork	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Green Beans and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Turkey
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Saltines/Nutrigrain Bars	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Blueberries and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Soft Pretzels	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mandarin Oranges and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ritz Crackers

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped
This institution is an equal opportunity provider and employer. **Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 10/13 - 10/17/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Strawberries and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ham	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Carrots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz String Cheese	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Sweet Potato and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Corn and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Shredded Cheese	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Tater Tots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ham & Cheese
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Veggie Straws/Saltines	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Cheerios/Oatmeal Bars	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Cucumber and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Goldfish

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 10/20 – 10/24/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Strawberries and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Apples and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Cauliflower and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Meatballs	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Potatoes and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Green Beans and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Broccoli and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mixed Fruit and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ritz Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Blueberries and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Rice Cakes	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Saltines/Nutrigrain Bars

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 10/27 – 10/31/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mango and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Corn and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Carrots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Sausage	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Green Beans and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Meatballs	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Cauliflower and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Turkey & Cheese
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mixed Tropical Fruit and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Goldfish/Oatmeal Bars	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mandarin Oranges and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Strawberries and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Veggie Straws	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Apples and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ritz Crackers

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 11/3 – 11/7/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mango and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mixed Fruit and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Apples and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Broccoli and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Corn and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Sausage	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Carrots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Pork	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Green Beans and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Turkey
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Saltines/Nutrigrain Bars	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Blueberries and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Soft Pretzels	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mandarin Oranges and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ritz Crackers

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 11/10 – 11/14/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Strawberries and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ham	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Carrots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz String Cheese	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Sweet Potato and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Corn and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Shredded Cheese	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Tater Tots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ham & Cheese
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Veggie Straws/Saltines	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Cheerios/Oatmeal Bars	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Cucumber and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Goldfish

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 11/17 – 11/21/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Strawberries and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Apples and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Cauliflower and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Meatballs	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Potatoes and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Green Beans and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Broccoli and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mixed Fruit and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ritz Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Blueberries and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Rice Cakes	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Saltines/Nutrigrain Bars

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 11/24 – 11/28/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mango and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Corn and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Carrots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Sausage	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Green Beans and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Meatballs	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Cauliflower and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Turkey & Cheese
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mixed Tropical Fruit and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Goldfish/Oatmeal Bars	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mandarin Oranges and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Strawberries and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Veggie Straws	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Apples and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ritz Crackers

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 12/1 – 12/5/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mango and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mixed Fruit and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Apples and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Broccoli and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Corn and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Sausage	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Carrots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Pork	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Green Beans and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Turkey
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Saltines/Nutrigrain Bars	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Blueberries and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Soft Pretzels	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mandarin Oranges and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ritz Crackers

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 12/8 – 12/12/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Strawberries and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ham	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Carrots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz String Cheese	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Sweet Potato and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Corn and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Shredded Cheese	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Tater Tots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ham & Cheese
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Veggie Straws/Saltines	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Cheerios/Oatmeal Bars	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Cucumber and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Goldfish

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 12/15 – 12/29/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Strawberries and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Apples and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Cauliflower and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Meatballs	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Potatoes and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Green Beans and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Broccoli and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mixed Fruit and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ritz Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Blueberries and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Rice Cakes	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Peaches and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Saltines/Nutrigrain Bars

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 12/22 – 12/26/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk 6-11 Months Milk and Fruit/Veg and Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mango and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Pears and 0-4Tbsp Oatmeal Infant Cereal	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Bananas and 0-4Tbsp Oatmeal Infant Cereal
Lunch Milk 6-11 Months Milk and Fruit/Veg and Grain or Meat/Alt	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Peas and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Corn and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Carrots and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Sausage	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Green Beans and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Meatballs	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula And 0-2 Tbsp Cauliflower and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Turkey & Cheese
Snack Milk 6-11 Months Milk and Fruit/Veg and Grain or Grain	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mixed Tropical Fruit and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Goldfish/Oatmeal Bars	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Mandarin Oranges and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Strawberries and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Veggie Straws/Saltines	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Applesauce and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula and 0-2 Tbsp Apples and 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ritz Crackers

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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