

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 6/30 – 7/4/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Applesauce	And 0-2 Tbsp Peaches	And 0-2 Tbsp Mandarin Oranges	And 0-2 Tbsp Pineapple	And 0-2 Tbsp Peaches
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Sausage	or 0-4 oz Chicken	or 0-4 oz Turkey & Cheese	or 0-4 oz Ground Turkey	or 0-4 oz Ground Hamburger
Fruit/Veg	and 0-2 Tbsp Broccoli	and 0-2 Tbsp Peas	and 0-2 Tbsp Cauliflower	and 0-2 Tbsp Corn	and 0-2 Tbsp Pears
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz American Cheese	or 0-4 oz Biscuits	or 0-4 oz Animal Crackers	or 0-4 oz Cheese Stick	or 0-4 oz Graham Crackers
Fruit/Veg	and 0-2 Tbsp Bananas	and 0-2 Tbsp Strawberries	and 0-2 Tbsp Watermelon	and 0-2 Tbsp Canned Apples	and 0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 7/7 – 7/11/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Blueberries	0-2 Tbsp Mango	0-2 Tbsp Pineapple	0-2 Tbsp Applesauce
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Tortilla	0-4 oz Ham & Cheese	0-4 oz Chicken	0-4 oz Egg Patty	0-4 oz Turkey & Cheese
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Peas & Carrots	0-2 Tbsp Broccoli	0-2 Tbsp Green Beans	0-2 Tbsp Strawberries	0-2 Tbsp Cucumber
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Whole Grain Crackers	0-4 oz Graham Crackers	0-4 oz Soft Tortillas	0-4 oz Cheese Stick	0-4 oz Animal Crackers
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Cucumber	0-2 Tbsp Mandrin Oranges	0-2 Tbsp Bananas	0-2 Tbsp Bananas	0-2 Tbsp Peaches

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 7/14 – 7/18/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Peaches	And 0-2 Tbsp Applesauce	And 0-2 Tbsp Bananas	And 0-2 Tbsp Mixed Fruit	And 0-2 Tbsp Pineapple
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Ham & Cheese	or 0-4 oz Soft Tortilla	or 0-4 oz Chicken	or 0-4 oz Turkey & Cheese	or 0-4 oz Egg Patty
Fruit/Veg	and 0-2 Tbsp Broccoli	and 0-2 Tbsp Corn	and 0-2 Tbsp Peas	and 0-2 Tbsp Cucumber	and 0-2 Tbsp Cauliflower
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Graham Cracker	or 0-4 oz Chocolate Rice Cake	or 0-4 oz Goldfish	or 0-4 oz Ritz Crackers	or 0-4 oz String Cheese
Fruit/Veg	and 0-2 Tbsp Watermelon	and 0-2 Tbsp Apples	and 0-2 Tbsp Bananas	and 0-2 Tbsp Peaches	and 0-2 Tbsp Applesauce

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 7/21 – 7/25/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Pears	0-2 Tbsp Peaches	0-2 Tbsp Applesauce	0-2 Tbsp Mango	0-2 Tbsp Blueberries
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Turkey & Cheese	0-4 oz Pancakes	0-4 oz Turkey Meatballs	0-4 oz Chicken	0-4 oz Bread
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Broccoli	0-2 Tbsp Green Beans	0-2 Tbsp Carrots	0-2 Tbsp Peas & Carrots	0-2 Tbsp Pineapple
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Goldfish	0-4 oz Rice Cakes	0-4 oz Wheat Crackers	0-4 oz Animal Crackers	0-4 oz Graham Crackers
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Cucumbers	0-2 Tbsp Bananas	0-2 Tbsp Pears	0-2 Tbsp Apples	0-2 Tbsp Peaches

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 7/28 – 8/1/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Applesauce	And 0-2 Tbsp Peaches	And 0-2 Tbsp Mandarin Oranges	And 0-2 Tbsp Pineapple	And 0-2 Tbsp Peaches
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Sausage	or 0-4 oz Chicken	or 0-4 oz Turkey & Cheese	or 0-4 oz Ground Turkey	or 0-4 oz Ground Hamburger
Fruit/Veg	and 0-2 Tbsp Broccoli	and 0-2 Tbsp Peas	and 0-2 Tbsp Cauliflower	and 0-2 Tbsp Corn	and 0-2 Tbsp Pears
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas	Birth through 5 Months 4-6oz Breast Milk/Formulas
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formulas 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz American Cheese	or 0-4 oz Biscuits	or 0-4 oz Animal Crackers	or 0-4 oz Cheese Stick	or 0-4 oz Graham Crackers
Fruit/Veg	and 0-2 Tbsp Bananas	and 0-2 Tbsp Strawberries	and 0-2 Tbsp Watermelon	and 0-2 Tbsp Canned Apples	and 0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 8/4 – 8/8/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Peaches	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Blueberries	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mango	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Pineapple	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Applesauce
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Tortilla and 0-2 Tbsp Peas & Carrots	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ham & Cheese and 0-2 Tbsp Broccoli	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Chicken and 0-2 Tbsp Green Beans	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Egg Patty and 0-2 Tbsp Strawberries	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Turkey & Cheese and 0-2 Tbsp Cucumber
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Whole Grain Crackers and 0-2 Tbsp Cucumber	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Graham Crackers and 0-2 Tbsp Mandrin Oranges	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Soft Tortillas and 0-2 Tbsp Bananas	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Cheese Stick and 0-2 Tbsp Bananas	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Animal Crackers and 0-2 Tbsp Peaches

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 8/11 – 8/15/2025 CHILD’S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Peaches	And 0-2 Tbsp Applesauce	And 0-2 Tbsp Bananas	And 0-2 Tbsp Mixed Fruit	And 0-2 Tbsp Pineapple
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Ham & Cheese	or 0-4 oz Soft Tortilla	or 0-4 oz Chicken	or 0-4 oz Turkey & Cheese	or 0-4 oz Egg Patty
Fruit/Veg	and 0-2 Tbsp Broccoli	and 0-2 Tbsp Corn	and 0-2 Tbsp Peas	and 0-2 Tbsp Cucumber	and 0-2 Tbsp Cauliflower
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Graham Cracker	or 0-4 oz Chocolate Rice Cake	or 0-4 oz Goldfish	or 0-4 oz Ritz Crackers	or 0-4 oz String Cheese
Fruit/Veg	and 0-2 Tbsp Watermelon	and 0-2 Tbsp Apples	and 0-2 Tbsp Bananas	and 0-2 Tbsp Peaches	and 0-2 Tbsp Applesauce

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★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 8/18 – 8/22/2025 CHILD’S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Pears	0-2 Tbsp Peaches	0-2 Tbsp Applesauce	0-2 Tbsp Mango	0-2 Tbsp Blueberries
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Turkey & Cheese	0-4 oz Pancakes	0-4 oz Turkey Meatballs	0-4 oz Chicken	0-4 oz Bread
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Broccoli	0-2 Tbsp Green Beans	0-2 Tbsp Carrots	0-2 Tbsp Peas & Carrots	0-2 Tbsp Pineapple
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Goldfish	0-4 oz Rice Cakes	0-4 oz Wheat Crackers	0-4 oz Animal Crackers	0-4 oz Graham Crackers
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Cucumbers	0-2 Tbsp Bananas	0-2 Tbsp Pears	0-2 Tbsp Apples	0-2 Tbsp Peaches

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 8/25 – 8/29/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Applesauce	And 0-2 Tbsp Peaches	And 0-2 Tbsp Mandarin Oranges	And 0-2 Tbsp Pineapple	And 0-2 Tbsp Peaches
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Sausage	or 0-4 oz Chicken	or 0-4 oz Turkey & Cheese	or 0-4 oz Ground Turkey	or 0-4 oz Ground Hamburger
Fruit/Veg	and 0-2 Tbsp Broccoli	and 0-2 Tbsp Peas	and 0-2 Tbsp Cauliflower	and 0-2 Tbsp Corn	and 0-2 Tbsp Pears
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz American Cheese	or 0-4 oz Biscuits	or 0-4 oz Animal Crackers	or 0-4 oz Cheese Stick	or 0-4 oz Graham Crackers
Fruit/Veg	and 0-2 Tbsp Bananas	and 0-2 Tbsp Strawberries	and 0-2 Tbsp Watermelon	and 0-2 Tbsp Canned Apples	and 0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 9/1 – 9/5/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Blueberries	0-2 Tbsp Mango	0-2 Tbsp Pineapple	0-2 Tbsp Applesauce
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Tortilla	0-4 oz Ham & Cheese	0-4 oz Chicken	0-4 oz Egg Patty	0-4 oz Turkey & Cheese
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Peas & Carrots	0-2 Tbsp Broccoli	0-2 Tbsp Green Beans	0-2 Tbsp Strawberries	0-2 Tbsp Cucumber
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Whole Grain Crackers	0-4 oz Graham Crackers	0-4 oz Soft Tortillas	0-4 oz Cheese Stick	0-4 oz Animal Crackers
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Cucumber	0-2 Tbsp Mandrin Oranges	0-2 Tbsp Bananas	0-2 Tbsp Bananas	0-2 Tbsp Peaches

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 9/8 – 9/12/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Peaches	And 0-2 Tbsp Applesauce	And 0-2 Tbsp Bananas	And 0-2 Tbsp Mixed Fruit	And 0-2 Tbsp Pineapple
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Ham & Cheese	or 0-4 oz Soft Tortilla	or 0-4 oz Chicken	or 0-4 oz Turkey & Cheese	or 0-4 oz Egg Patty
Fruit/Veg	and 0-2 Tbsp Broccoli	and 0-2 Tbsp Corn	and 0-2 Tbsp Peas	and 0-2 Tbsp Cucumber	and 0-2 Tbsp Cauliflower
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Graham Cracker	or 0-4 oz Chocolate Rice Cake	or 0-4 oz Goldfish	or 0-4 oz Ritz Crackers	or 0-4 oz String Cheese
Fruit/Veg	and 0-2 Tbsp Watermelon	and 0-2 Tbsp Apples	and 0-2 Tbsp Bananas	and 0-2 Tbsp Peaches	and 0-2 Tbsp Applesauce

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 9/15 – 9/19/2025 CHILD’S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Pears	0-2 Tbsp Peaches	0-2 Tbsp Applesauce	0-2 Tbsp Mango	0-2 Tbsp Blueberries
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or	or	or	or	or
Grain/Meat	0-4 oz Turkey & Cheese	0-4 oz Pancakes	0-4 oz Turkey Meatballs	0-4 oz Chicken	0-4 oz Bread
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Broccoli	0-2 Tbsp Green Beans	0-2 Tbsp Carrots	0-2 Tbsp Peas & Carrots	0-2 Tbsp Pineapple
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or	or	or	or	or
Grain/Meat	0-4 oz Goldfish	0-4 oz Rice Cakes	0-4 oz Wheat Crackers	0-4 oz Animal Crackers	0-4 oz Graham Crackers
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Cucumbers	0-2 Tbsp Bananas	0-2 Tbsp Pears	0-2 Tbsp Apples	0-2 Tbsp Peaches

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 9/22 – 9/26/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Applesauce	And 0-2 Tbsp Peaches	And 0-2 Tbsp Mandarin Oranges	And 0-2 Tbsp Pineapple	And 0-2 Tbsp Peaches
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Sausage	or 0-4 oz Chicken	or 0-4 oz Turkey & Cheese	or 0-4 oz Ground Turkey	or 0-4 oz Ground Hamburger
Fruit/Veg	and 0-2 Tbsp Broccoli	and 0-2 Tbsp Peas	and 0-2 Tbsp Cauliflower	and 0-2 Tbsp Corn	and 0-2 Tbsp Pears
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz American Cheese	or 0-4 oz Biscuits	or 0-4 oz Animal Crackers	or 0-4 oz Cheese Stick	or 0-4 oz Graham Crackers
Fruit/Veg	and 0-2 Tbsp Bananas	and 0-2 Tbsp Strawberries	and 0-2 Tbsp Watermelon	and 0-2 Tbsp Canned Apples	and 0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 9/29 – 10/3/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Peaches	And 0-2 Tbsp Blueberries	And 0-2 Tbsp Mango	And 0-2 Tbsp Pineapple	And 0-2 Tbsp Applesauce
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Tortilla	or 0-4 oz Ham & Cheese	or 0-4 oz Chicken	or 0-4 oz Egg Patty	or 0-4 oz Turkey & Cheese
Fruit/Veg	and 0-2 Tbsp Peas & Carrots	and 0-2 Tbsp Broccoli	and 0-2 Tbsp Green Beans	and 0-2 Tbsp Strawberries	and 0-2 Tbsp Cucumber
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Whole Grain Crackers	or 0-4 oz Graham Crackers	or 0-4 oz Soft Tortillas	or 0-4 oz Cheese Stick	or 0-4 oz Animal Crackers
Fruit/Veg	and 0-2 Tbsp Cucumber	and 0-2 Tbsp Mandrin Oranges	and 0-2 Tbsp Bananas	and 0-2 Tbsp Bananas	and 0-2 Tbsp Peaches

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 9/29 – 10/3/25 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Applesauce	0-2 Tbsp Bananas	0-2 Tbsp Mixed Fruit	0-2 Tbsp Pineapple
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Ham & Cheese	0-4 oz Soft Tortilla	0-4 oz Chicken	0-4 oz Turkey & Cheese	0-4 oz Egg Patty
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Broccoli	0-2 Tbsp Corn	0-2 Tbsp Peas	0-2 Tbsp Cucumber	0-2 Tbsp Cauliflower
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Graham Cracker	0-4 oz Chocolate Rice Cake	0-4 oz Goldfish	0-4 oz Ritz Crackers	0-4 oz String Cheese
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Watermelon	0-2 Tbsp Apples	0-2 Tbsp Bananas	0-2 Tbsp Peaches	0-2 Tbsp Applesauce

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

**Or Infant Rice Cereal if preferred*