

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 3/31 – 4/4/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>
Milk					
Grain/Meat	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p>
Fruit/Veg	<p>0-2 Tbsp Apples</p>	<p>0-2 Tbsp Applesauce</p>	<p>0-2 Tbsp Pears</p>	<p>0-2 Tbsp Mango</p>	<p>0-2 Tbsp Bananas</p>
Lunch	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>
Milk					
Grain/Meat	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>
Grain/Meat	<p>0-4 oz Turkey</p> <p style="text-align: center;">and</p>	<p>0-4 oz Ground Turkey</p> <p style="text-align: center;">and</p>	<p>0-4 oz Egg Patty</p> <p style="text-align: center;">and</p>	<p>0-4 oz Chicken</p> <p style="text-align: center;">and</p>	<p>0-4 oz Ham</p> <p style="text-align: center;">and</p>
Fruit/Veg	<p>0-2 Tbsp Peas</p>	<p>0-2 Tbsp Carrots</p>	<p>0-2 Tbsp Blueberries</p>	<p>0-2 Tbsp Mixed Fruit</p>	<p>0-2 Tbsp Pears</p>
Snack	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula</p>
Two Different Components					
Grain/Meat	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>	<p>0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p>
Grain/Meat	<p>0-4 oz Yogurt</p> <p style="text-align: center;">and</p>	<p>0-4 oz Goldfish</p> <p style="text-align: center;">and</p>	<p>0-4 oz Pita Bread</p> <p style="text-align: center;">and</p>	<p>0-4 oz Graham Crackers</p> <p style="text-align: center;">and</p>	<p>0-4 oz Animal Crackers</p> <p style="text-align: center;">and</p>
Fruit/Veg	<p>0-2 Tbsp Strawberries</p>	<p>0-2 Tbsp Pears</p>	<p>0-2 Tbsp Bananas</p>	<p>0-2 Tbsp Applesauce</p>	<p>0-2 Tbsp Peaches</p>

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 4/7-4/11/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Applesauce	0-2 Tbsp Bananas	0-2 Tbsp Blueberries	0-2 Tbsp Pears
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Ground Turkey	0-4 oz Ham	0-4 oz Egg Patty	0-4 oz Provolone Cheese	0-4 oz Ground Turkey
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Corn	0-2 Tbsp Cauliflower	0-2 Tbsp Strawberries	0-2 Tbsp Mixed Fruit	0-2 Tbsp Broccoli
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Mixed Cereal	0-4 oz Animal Crackers	0-4 oz Ritz Crackers	0-4 oz Graham Crackers	0-4 oz Cheerios
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Apples	0-2 Tbsp Mixed Fruit	0-2 Tbsp Peaches	0-2 Tbsp Apples	0-2 Tbsp Bananas

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★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 4/14-4/18/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Pears	0-2 Tbsp Bananas	0-2 Tbsp Mixed Fruit	0-2 Tbsp Mango	0-2 Tbsp Strawberries
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Turkey	0-4 oz Chicken	0-4 oz Egg Patty	0-4 oz Ground Turkey	0-4 oz Chicken
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Green Beans	0-2 Tbsp Peas	0-2 Tbsp Cauliflower	0-2 Tbsp Bananas	0-2 Tbsp Pineapple
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Ritz Crackers	0-4 oz Goldfish	0-4 oz Animal Crackers	0-4 oz Saltines	0-4 oz Yogurt
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Apples	0-2 Tbsp Blueberries	0-2 Tbsp Peaches	0-2 Tbsp Blueberries

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 4/21-4/25/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Pears	0-2 Tbsp Bananas	0-2 Tbsp Peaches	0-2 Tbsp Blueberries	0-2 Tbsp Peaches
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Turkey Meatballs	0-4 oz Ground Turkey	0-4 oz Egg Patty	0-4 oz Chicken	0-4 oz Chicken
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Mixed Vegetables	0-2 Tbsp Carrots	0-2 Tbsp Strawberries	0-2 Tbsp Corn	0-2 Tbsp String Beans
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Biscuits	0-4 oz Ritz Crackers	0-4 oz Cornbread	0-4 oz Animal Crackers	0-4 oz Soft Pretzel
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Pears	0-2 Tbsp Applesauce	0-2 Tbsp Bananas	0-2 Tbsp Applesauce

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**Or Infant Rice Cereal if preferred*

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 4/28-5/2/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>
Milk					
Grain/Meat					
Fruit/Veg	<p>And 0-2 Tbsp Apples</p>	<p>And 0-2 Tbsp Applesauce</p>	<p>And 0-2 Tbsp Pears</p>	<p>And 0-2 Tbsp Mango</p>	<p>And 0-2 Tbsp Bananas</p>
Lunch	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>
Milk					
Grain/Meat					
Grain/Meat	<p>or 0-4 oz Turkey</p>	<p>or 0-4 oz Ground Turkey</p>	<p>or 0-4 oz Egg Patty</p>	<p>or 0-4 oz Chicken</p>	<p>or 0-4 oz Ham</p>
Fruit/Veg	<p>and 0-2 Tbsp Peas</p>	<p>and 0-2 Tbsp Carrots</p>	<p>and 0-2 Tbsp Blueberries</p>	<p>and 0-2 Tbsp Mixed Fruit</p>	<p>and 0-2 Tbsp Pears</p>
Snack	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>
Two Different Components					
Grain/Meat					
Grain/Meat	<p>or 0-4 oz Yogurt</p>	<p>or 0-4 oz Goldfish</p>	<p>or 0-4 oz Pita Bread</p>	<p>or 0-4 oz Graham Crackers</p>	<p>or 0-4 oz Animal Crackers</p>
Fruit/Veg	<p>and 0-2 Tbsp Strawberries</p>	<p>and 0-2 Tbsp Pears</p>	<p>and 0-2 Tbsp Bananas</p>	<p>and 0-2 Tbsp Applesauce</p>	<p>and 0-2 Tbsp Peaches</p>

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 5/5-5/9/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Applesauce	0-2 Tbsp Bananas	0-2 Tbsp Blueberries	0-2 Tbsp Pears
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Ground Turkey	0-4 oz Ham	0-4 oz Egg Patty	0-4 oz Provolone Cheese	0-4 oz Ground Turkey
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Corn	0-2 Tbsp Cauliflower	0-2 Tbsp Strawberries	0-2 Tbsp Mixed Fruit	0-2 Tbsp Broccoli
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Mixed Cereal	0-4 oz Animal Crackers	0-4 oz Ritz Crackers	0-4 oz Graham Crackers	0-4 oz Cheerios
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Apples	0-2 Tbsp Mixed Fruit	0-2 Tbsp Peaches	0-2 Tbsp Apples	0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 5/12-5/16/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Pears	0-2 Tbsp Bananas	0-2 Tbsp Mixed Fruit	0-2 Tbsp Mango	0-2 Tbsp Strawberries
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Turkey	0-4 oz Chicken	0-4 oz Egg Patty	0-4 oz Ground Turkey	0-4 oz Chicken
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Green Beans	0-2 Tbsp Peas	0-2 Tbsp Cauliflower	0-2 Tbsp Bananas	0-2 Tbsp Pineapple
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Ritz Crackers	0-4 oz Goldfish	0-4 oz Animal Crackers	0-4 oz Saltines	0-4 oz Yogurt
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Apples	0-2 Tbsp Blueberries	0-2 Tbsp Peaches	0-2 Tbsp Blueberries

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 5/19-5/23/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Pears	0-2 Tbsp Bananas	0-2 Tbsp Peaches	0-2 Tbsp Blueberries	0-2 Tbsp Peaches
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Turkey Meatballs	0-4 oz Ground Turkey	0-4 oz Egg Patty	0-4 oz Chicken	0-4 oz Chicken
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Mixed Vegetables	0-2 Tbsp Carrots	0-2 Tbsp Strawberries	0-2 Tbsp Corn	0-2 Tbsp String Beans
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Biscuits	0-4 oz Ritz Crackers	0-4 oz Cornbread	0-4 oz Animal Crackers	0-4 oz Soft Pretzel
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Pears	0-2 Tbsp Applesauce	0-2 Tbsp Bananas	0-2 Tbsp Applesauce

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 5/26-5/30/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>
Milk					
Grain/Meat					
Fruit/Veg	<p>And 0-2 Tbsp Apples</p>	<p>And 0-2 Tbsp Applesauce</p>	<p>And 0-2 Tbsp Pears</p>	<p>And 0-2 Tbsp Mango</p>	<p>And 0-2 Tbsp Bananas</p>
Lunch	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>
Milk					
Grain/Meat					
Grain/Meat	<p>or 0-4 oz Turkey</p>	<p>or 0-4 oz Ground Turkey</p>	<p>or 0-4 oz Egg Patty</p>	<p>or 0-4 oz Chicken</p>	<p>or 0-4 oz Ham</p>
Fruit/Veg	<p>and 0-2 Tbsp Peas</p>	<p>and 0-2 Tbsp Carrots</p>	<p>and 0-2 Tbsp Blueberries</p>	<p>and 0-2 Tbsp Mixed Fruit</p>	<p>and 0-2 Tbsp Pears</p>
Snack	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p>
Two Different Components					
Grain/Meat					
Grain/Meat	<p>or 0-4 oz Yogurt</p>	<p>or 0-4 oz Goldfish</p>	<p>or 0-4 oz Pita Bread</p>	<p>or 0-4 oz Graham Crackers</p>	<p>or 0-4 oz Animal Crackers</p>
Fruit/Veg	<p>and 0-2 Tbsp Strawberries</p>	<p>and 0-2 Tbsp Pears</p>	<p>and 0-2 Tbsp Bananas</p>	<p>and 0-2 Tbsp Applesauce</p>	<p>and 0-2 Tbsp Peaches</p>

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 6/2-6/6/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Applesauce	0-2 Tbsp Bananas	0-2 Tbsp Blueberries	0-2 Tbsp Pears
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Ground Turkey	0-4 oz Ham	0-4 oz Egg Patty	0-4 oz Provolone Cheese	0-4 oz Ground Turkey
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Corn	0-2 Tbsp Cauliflower	0-2 Tbsp Strawberries	0-2 Tbsp Mixed Fruit	0-2 Tbsp Broccoli
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Mixed Cereal	0-4 oz Animal Crackers	0-4 oz Ritz Crackers	0-4 oz Graham Crackers	0-4 oz Cheerios
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Apples	0-2 Tbsp Mixed Fruit	0-2 Tbsp Peaches	0-2 Tbsp Apples	0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 6/9-6/13/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Pears</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Bananas</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Mixed Fruit</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Mango</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">And</p> <p>0-2 Tbsp Strawberries</p>
Lunch	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Turkey</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Green Beans</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Chicken</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Peas</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Egg Patty</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Cauliflower</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Ground Turkey</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Bananas</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Chicken</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Pineapple</p>
Snack	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Ritz Crackers</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Peaches</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Goldfish</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Apples</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Animal Crackers</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Blueberries</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Saltines</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Peaches</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal</p> <p style="text-align: center;">or</p> <p>0-4 oz Yogurt</p> <p style="text-align: center;">and</p> <p>0-2 Tbsp Blueberries</p>

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 6/16-6/20/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Pears	0-2 Tbsp Bananas	0-2 Tbsp Peaches	0-2 Tbsp Blueberries	0-2 Tbsp Peaches
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Turkey Meatballs	0-4 oz Ground Turkey	0-4 oz Egg Patty	0-4 oz Chicken	0-4 oz Chicken
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Mixed Vegetables	0-2 Tbsp Carrots	0-2 Tbsp Strawberries	0-2 Tbsp Corn	0-2 Tbsp String Beans
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Biscuits	0-4 oz Ritz Crackers	0-4 oz Cornbread	0-4 oz Animal Crackers	0-4 oz Soft Pretzel
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Pears	0-2 Tbsp Applesauce	0-2 Tbsp Bananas	0-2 Tbsp Applesauce

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: _____ **CHILD'S NAME:** _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Apples	And 0-2 Tbsp Applesauce	And 0-2 Tbsp Pears	And 0-2 Tbsp Mango	And 0-2 Tbsp Bananas
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Turkey	or 0-4 oz Ground Turkey	or 0-4 oz Egg Patty	or 0-4 oz Chicken	or 0-4 oz Ham
Fruit/Veg	and 0-2 Tbsp Peas	and 0-2 Tbsp Carrots	and 0-2 Tbsp Blueberries	and 0-2 Tbsp Mixed Fruit	and 0-2 Tbsp Pears
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular	Birth through 5 Months 4-6oz Breast Milk/Formular
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Yogurt	or 0-4 oz Goldfish	or 0-4 oz Pita Bread	or 0-4 oz Graham Crackers	or 0-4 oz Animal Crackers
Fruit/Veg	and 0-2 Tbsp Strawberries	and 0-2 Tbsp Pears	and 0-2 Tbsp Bananas	and 0-2 Tbsp Applesauce	and 0-2 Tbsp Peaches

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: _____ CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Peaches	And 0-2 Tbsp Applesauce	And 0-2 Tbsp Bananas	And 0-2 Tbsp Blueberries	And 0-2 Tbsp Pears
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Ground Turkey	or 0-4 oz Ham	or 0-4 oz Egg Patty	or 0-4 oz Provolone Cheese	or 0-4 oz Ground Turkey
Fruit/Veg	and 0-2 Tbsp Corn	and 0-2 Tbsp Cauliflower	and 0-2 Tbsp Strawberries	and 0-2 Tbsp Mixed Fruit	and 0-2 Tbsp Broccoli
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Mixed Cereal	or 0-4 oz Animal Crackers	or 0-4 oz Ritz Crackers	or 0-4 oz Graham Crackers	or 0-4 oz Cheerios
Fruit/Veg	and 0-2 Tbsp Apples	and 0-2 Tbsp Mixed Fruit	and 0-2 Tbsp Peaches	and 0-2 Tbsp Apples	and 0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: _____ CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Fruit/Veg	And 0-2 Tbsp Pears	And 0-2 Tbsp Bananas	And 0-2 Tbsp Mixed Fruit	And 0-2 Tbsp Mango	And 0-2 Tbsp Strawberries
Lunch Milk	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Turkey	or 0-4 oz Chicken	or 0-4 oz Egg Patty	or 0-4 oz Ground Turkey	or 0-4 oz Chicken
Fruit/Veg	and 0-2 Tbsp Green Beans	and 0-2 Tbsp Peas	and 0-2 Tbsp Cauliflower	and 0-2 Tbsp Bananas	and 0-2 Tbsp Pineapple
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain/Meat	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal
Grain/Meat	or 0-4 oz Ritz Crackers	or 0-4 oz Goldfish	or 0-4 oz Animal Crackers	or 0-4 oz Saltines	or 0-4 oz Yogurt
Fruit/Veg	and 0-2 Tbsp Peaches	and 0-2 Tbsp Apples	and 0-2 Tbsp Blueberries	and 0-2 Tbsp Peaches	and 0-2 Tbsp Blueberries

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: _____ CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Pears	0-2 Tbsp Bananas	0-2 Tbsp Peaches	0-2 Tbsp Blueberries	0-2 Tbsp Peaches
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Turkey Meatballs	0-4 oz Ground Turkey	0-4 oz Egg Patty	0-4 oz Chicken	0-4 oz Chicken
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Mixed Vegetables	0-2 Tbsp Carrots	0-2 Tbsp Strawberries	0-2 Tbsp Corn	0-2 Tbsp String Beans
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Biscuits	0-4 oz Ritz Crackers	0-4 oz Cornbread	0-4 oz Animal Crackers	0-4 oz Soft Pretzel
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Peaches	0-2 Tbsp Pears	0-2 Tbsp Applesauce	0-2 Tbsp Bananas	0-2 Tbsp Applesauce

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: 6/23-6/27/2025 CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
Fruit/Veg	0-2 Tbsp Apples	0-2 Tbsp Applesauce	0-2 Tbsp Pears	0-2 Tbsp Mango	0-2 Tbsp Bananas
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Milk					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Turkey	0-4 oz Ground Turkey	0-4 oz Egg Patty	0-4 oz Chicken	0-4 oz Ham
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Peas	0-2 Tbsp Carrots	0-2 Tbsp Blueberries	0-2 Tbsp Mixed Fruit	0-2 Tbsp Pears
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components					
	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain/Meat	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
Grain/Meat	0-4 oz Yogurt	0-4 oz Goldfish	0-4 oz Pita Bread	0-4 oz Graham Crackers	0-4 oz Animal Crackers
	and	and	and	and	and
Fruit/Veg	0-2 Tbsp Strawberries	0-2 Tbsp Pears	0-2 Tbsp Bananas	0-2 Tbsp Applesauce	0-2 Tbsp Peaches

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***