

★ GREAT BAY KIDS ★

INFANT MENU FOR THE WEEK OF: _____ **CHILD'S NAME:** _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mixed Fruit Natural Juice	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Frz Blueberries	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Peaches in natural juice	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Applesauce
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Applesauce	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey and 0-2 Tbsp Peas	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Egg Patty and 0-2 Tbsp Blueberries	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ham and 0-2 Tbsp Green Beans	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Turkey and 0-2 Tbsp Bananas
Snack	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Pita Bread and 0-2 Tbsp American Cheese	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Yogurt and 0-1/2 Graham Crackers	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Whole Grain Soft Pretzel and 0-2 Tbsp Bananas	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-4 Grain Rich Crackers and 0-2 oz American Cheese	Birth through 5 Months 4-6oz Breast Milk/Formular 6 through 11 Months 6-8 oz Breast Milk/Formular 0-4Tbsp Oatmeal Infant Cereal or 0-4 Animal Crackers and 0-2 Tbsp Apples

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

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****Or Infant Rice Cereal if preferred***

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INFANT MENU FOR THE WEEK OF: _____ CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mandarin Oranges</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Peaches</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mango</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Blueberries</p>
Lunch	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ham and 0-2 Tbsp Peas</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz American Cheese and 0-2 Tbsp Corn</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Egg Patty and 0-2 Tbsp Strawberries</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Cauliflower</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Turkey and 0-2 Tbsp Carrots</p>
Snack	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Soft Tortillas and 0-2 Tbsp American Cheese</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 Graham Crackers and 0-2 Tbsp Apples</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz American Cheese and 0-2 Tbsp Peaches</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Dannon Light & Fit Yogurt and 0-2 Tbsp Strawberries</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Grain Rich Goldfish and 0-2 Tbsp Bananas</p>

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PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain Fruit Milk	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Apples	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Pears	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Applesauce	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Strawberries
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Protein Grain Vegetable Fruit Milk	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Turkey and 0-2 Tbsp Broccoli	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Chicken and 0-2 Tbsp Peas	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Egg Patty and 0-2 Tbsp Blueberries	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Turkey and 0-2 Tbsp Potatoes	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ham and 0-2 Tbsp Green Beans
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two Different Components	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 Tbsp Grain Rich Crackers and 0-2 Tbsp American Cheese	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Banana Bread and 0-2 Tbsp Mandarin Oranges	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Grain Rich Goldfish and 0-2 Tbsp Bananas	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Dannon Light & Fit Yogurt and 0-2 Tbsp Mango	6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Saltines and 0-2 oz American Cheese

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PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Apples	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mango	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Blueberries	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Pears
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Peas	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Turkey and 0-2 Tbsp Pineapple	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Sausage and 0-2 Tbsp Strawberries	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Turkey and 0-2 Tbsp Green Beans	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Broccoli
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Grain Rich Crackers and 0-2 oz American Cheese	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Graham Crackers and 0-2 Tbsp Peaches	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Grain Rich Goldfish and 0-2 Tbsp Bananas	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Muffin Squares and 0-2 Tbsp Apples	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 oz American Cheese and 0-2 Tbsp Mixed Fruit

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