



GREAT BAY KIDS' COMPANY

WEEKLY MENU FOR THE WEEK OF: _____



C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Whole Wheat Bagels w/Cream Cheese Pears in natural juice Milk	Rice Cakes w/sunbutter Applesauce Milk	Corn Chex Bananas Milk	French Toast Mixed Fruit in natural juice Milk	Whole Grain Cranberry Orange Muffin Squares Pineapple in natural juice Milk
Lunch Protein Grain Vegetable Fruit Milk	American Cheese Whole Wheat Bread *Tomato & Cucumber Slices Mandarin Oranges in natural juice Milk	Ham & Provolone Cheese Whole Wheat Hamburger Roll Wax Beans Bananas Milk	Tuna Salad Whole Wheat Bread * Salad Pineapple in natural juice Milk *Under 2 yrs: Frozen Carrots	American Chop Suey Whole Wheat Pasta *Fresh Green Beans Peaches in natural juice Milk *Under 2 yrs: steamed Green Beans	Sunbutter w/Jelly Whole Wheat Bread Cheese Slices Frozen Peas *Apples Milk *Under 2 yrs: canned Apples in natural Juice
Snack Two Different Components	*Tiny Twist Pretzels Apricots in natural juice Water *Under 3 yrs: Wheat Crackers	*Baby Carrots w/dip Goldfish Water *Under 2 yrs: Softened	Graham Crackers Low Fat Vanilla Yogurt Water	Corn Bread Applesauce Water	Wheat Crackers *Fresh Pears Water *Under 2 yrs: Canned in natural juice

This institution is an equal opportunity provider and employer.

***Whole Milk for 1year olds & 1% Milk 2 years and up.**