



# GREAT BAY KIDS' COMPANY

WEEKLY MENU FOR THE WEEK OF: \_\_\_\_\_



B	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Grain Fruit Milk	Whole Wheat Waffles Mandarin Oranges in natural juice Milk	Low Fat Vanilla Yogurt Strawberries & Blueberries Granola Milk	Wheat Raisin Toast w/sunbutter Peaches in natural juice Milk	Corn Flakes Bananas Milk	Biscuits w/Jelly Applesauce Milk
<b>Lunch</b> Protein Grain Vegetable Fruit Milk	Turkey Slices Whole Wheat Pasta Salad Frz Mixed Veggies Peaches in natural juice Milk	Sloppy Joes Whole Wheat Hamburger Rolls Cucumbers *Oranges Milk *Under 2yrs: Mandarin in natural juice	Diced Chicken Whole Wheat Pasta Parmesan *Salad Mix Pineapple in natural juice Milk *Under 3 yrs: Frz Corn	Ham slices Whole Wheat Bread Steamed Green Beans Fruit Cocktail in natural juice Milk	Chicken Salad Whole Wheat Hamburger Roll Cucumber Sticks *Fresh Pears Milk *Under 2 yrs: Pears in natural juice
<b>Snack</b> Two Different Components	*Baby Carrots /w dip Wheat Crackers Water *Under 3 yrs: Softened	Whole Grain Apple Banana Muffins Pineapple in natural juice Water	*Tortilla Chips Salsa Cheese Sticks Water *Under 2 yrs: Wheat Wraps	Whole Wheat Soft Pretzels w/mustard Multi Colored Peppers Water	Rice Cakes w/sunbutter *Fresh Apples Water *Under 2 yrs: Apples in natural juice

This institution is an equal opportunity provider and employer.

**\*Whole Milk for 1year olds & 1% Milk 2 years and up.**