



GREAT BAY KIDS' COMPANY

WEEKLY MENU FOR THE WEEK OF: _____



D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Whole Wheat English Muffins w/jelly *Fresh Orange Slices Milk *Under 2 yrs: Mandarin	Rice Cakes w/Sunbutter *Fresh Pears Milk *Under 2 yrs: canned	Whole Wheat Toast w/butter Applesauce Milk	Cheerios Bananas Milk	Banana Muffins Peaches in natural juice Milk
Lunch Protein Grain Vegetable Fruit Milk	Chicken Barley Soup Saltines Corn *Fresh Apples Milk *Under 2 yrs: canned	Turkey Salad Sandwich on Wheat Hot Dog Roll Steamed Broccoli Bananas Milk	Baked Chicken Wild Grain Rice Sweet Potatoes Peaches in natural juice Milk	Powerhouse Vegetarian Chili Wheat Pita Chips Steamed Carrots Tropical Fruit in natural juice Milk	Ground Turkey & Brown Rice Casserole Peas Pineapple in natural juice Milk
Snack Two Different Components	Low Fat Vanilla Yogurt Graham Crackers Water	Cranberry Orange Bread Pineapple in natural juice Water	*Assorted Vegetables w/ dip *Mini Pretzels Water *Under 3 yrs: Ritz Crackers & Softened Carrots	*Fresh Apple Mozzarella Cheese Slices Water *Under 2yrs: canned	Goldfish Mandarin Oranges Water

This institution is an equal opportunity provider and employer.

***Whole Milk for 1year olds & 1% Milk 2 years and up.**