



# GREAT BAY KIDS' COMPANY

WEEKLY MENU FOR THE WEEK OF: \_\_\_\_\_



<b>B</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> Grain Fruit Milk	Cheerios Frozen Blueberries Milk	Whole Grain Waffles w/butter Apples in natural juice Milk	Whole Wheat English Muffins w/Strawberry Preserves Mandarin Oranges Milk	Oatmeal Raisin Muffins Banana Milk	Whole Wheat Toast w/sunbutter Applesauce Milk
<b>Lunch</b> Protein Grain Vegetable Fruit Milk	BBQ Chicken Whole Wheat Hamburger Roll Steamed Broccoli Applesauce Milk	Whole Wheat Mac & Cheese w/Diced Ham Peas & Carrots Mixed Fruit in natural juice Milk	Sweet/Sour Chicken Couscous Steamed String Beans Pineapple in natural juice Milk	Sunbutter & Jelly on Whole Wheat Bread Provolone Slices California Mixed Vegetables *Orange Slices Milk *Under 2 yrs: Mandarin	Turkey Cheese Casserole Whole Grain Roll Sweet Potatoes Peaches in natural juice Milk
<b>Snack</b> Two Different Components	*String Cheese Apricots in natural juice Water  *Under 2 yrs: American	*Assorted Vegetables w/dip Goldfish Water  *Under 3 yrs: Cucumbers	Gingerbread *Fresh Apples Water  *Under 2 yrs: canned	Chex Mix Pears in natural juice Water	Whole Wheat Crackers Bananas Water

This institution is an equal opportunity provider and employer.

**\*Whole Milk for 1 year olds & 1% Milk 2 years and up.**