



GREAT BAY KIDS' COMPANY

WEEKLY MENU FOR THE WEEK OF: _____



A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Kix Cereal Frozen Blueberries Milk	Whole Wheat Bagels w/ cream cheese Bananas Milk	Whole Grain French Toast Frozen Strawberries Milk	Whole Wheat Raisin Toast w/butter Pears in natural Juice Milk	Whole Grain Pancakes w/butter Tropical Fruit in natural juice Milk
Lunch Protein Grain Vegetable Fruit Milk	Turkey Meatballs Brown Basmati Rice Frz Wax Beans Bananas Milk	Mexican Chicken Whole Wheat Wraps Steamed String Beans Pineapple in natural juice Milk	American Chop Suey w/ ground turkey & Whole Wheat Pasta *Fresh Carrots Mixed Fruit in natural juice Milk *Under 3 yrs: Softened	Tomato Soup Grilled American Cheese on Whole Wheat Bread Cucumbers *Fresh Apples Milk *Under 2yrs: Canned Apples	Ground Beef w/gravy Egg Noodles Corn Peaches in natural juice Milk
Snack Two Different Components	Graham Crackers *Fresh Apples w/sunbutter Water *Under 2 yrs: Apples in natural juice	Carrot Bread *Fresh Pears Water *Under 2 yrs: Canned Pears	*Tortilla Chips w/salsa American Cheese Slices Water *Under 3yrs: Wheat Pita Bread	Wheat Ritz Crackers *Assorted Fresh Fruit Water *Under 2yrs: Bananas	Corn Bread Applesauce Water

This institution is an equal opportunity provider and employer.

***Whole Milk for 1year olds & 1% Milk 2 years and up.**