



GREAT BAY KIDS' COMPANY

WEEKLY MENU FOR THE WEEK OF: _____



C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Oatmeal Pears in natural juice Milk	Biscuits w/jelly Frozen Blueberries Milk	Whole Wheat Bagels w/Low Fat Cream Cheese Apple Slices in natural juice Milk	Whole Grain Pancakes w/Butter Fruit Mix in natural juice Milk	Kix Cereal Bananas Milk
Lunch Protein Grain Vegetable Fruit Milk	Chicken Parmesan w/ Whole Wheat Pasta Corn * Fresh Apples Milk *Under 2 yrs: Canned	Turkey Meatballs in Alfredo Sauce w/Whole Wheat Rotini Frozen Carrots Bananas Milk	Baked Ham Wild Rice Butternut Squash *Fresh Pears Milk *Under 2 yrs: Canned	Vegetable Lasagna Cucumber Slices Peaches in natural juice Milk	Ham & Provolone Wheat Wrap Peas Mandarin Oranges in natural juice Milk
Snack Two Different Components	Soft Pretzels w/mustard Cucumber Slices Water	Pumpkin Bread Low Fat Vanilla Yogurt Water	*Tortilla Chips w/salsa American Cheese Water *Under 3 years: Wheat Pita Bread	Wheat Ritz Crackers Apricots in natural juice Water	Goldfish Applesauce Water

This institution is an equal opportunity provider and employer.

***Whole Milk for 1year olds & 1% Milk 2 years and up.**