



GREAT BAY KIDS' COMPANY

WEEKLY MENU FOR THE WEEK OF: _____



B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Cheerios Frozen Blueberries Milk	Whole Grain Waffles w/butter Apples in natural juice Milk	Whole Wheat English Muffins w/Strawberry Preserves Mandarin Oranges Milk	Oatmeal Raisin Muffins Banana Milk	Whole Wheat Toast w/sunbutter Applesauce Milk
Lunch Protein Grain Vegetable Fruit Milk	BBQ Chicken Whole Wheat Hamburger Roll Steamed Broccoli Applesauce Milk	Whole Wheat Mac & Cheese w/Diced Ham Peas & Carrots Mixed Fruit in natural juice Milk	Sweet/Sour Chicken Couscous Steamed String Beans Pineapple in natural juice Milk	Sunbutter & Jelly on Whole Wheat Bread Provolone Slices California Mixed Vegetables *Orange Slices Milk *Under 2 yrs: Mandarin	Turkey Cheese Casserole Whole Grain Roll Sweet Potatoes Peaches in natural juice Milk
Snack Two Different Components	*String Cheese Apricots in natural juice Water *Under 2 yrs: American	*Assorted Vegetables w/dip Goldfish Water *Under 3 yrs: Cucumbers	Gingerbread *Fresh Apples Water *Under 2 yrs: canned	Chex Mix Pears in natural juice Water	Whole Wheat Crackers Bananas Water

This institution is an equal opportunity provider and employer.

***Whole Milk for 1 year olds & 1% Milk 2 years and up.**