

GREAT BAY KIDS



WEEKLY MENU FOR THE WEEK OF: _____



B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Rice Krispies *Assorted Fresh Fruit Milk <small>*Under 2 yrs. Peaches in Natural Juice</small>	Cheerios Frz Blueberries Milk	Wheat Toast w/sunbutter Frz Mango Milk	Corn Flakes *Assorted Fresh Fruit Milk <small>*Under 2 yrs. Pineapple in Natural Juices</small>	Biscuits w/Jelly Bananas Milk
Lunch Protein Grain Vegetable Fruit Milk	Ham & Cheese Slice Wheat Roll Up Frz Peas & Carrots *Assorted Fresh Fruit Milk <small>*Under 2 yrs: Canned Pears in natural juice</small>	Whole Wheat Mac & Cheese & Ham Frz Broccoli *Assorted Fresh Fruit Milk <small>*Under 2 yrs: Canned Apples in Natural Juice</small>	Diced Chicken Whole Wheat Pasta Frz Green Beans *Assorted Fresh Fruit Milk <small>*Under 2 yrs: Canned Mandrin</small>	Egg Patties Biscuits Frz Carrots Bananas Milk	Turkey & Cheese Whole Wheat Bread Cucumber *Assorted Fresh Fruit Milk <small>*Under 2 yrs. Applesauce</small>
Snack Two Different Components	Wheat Crackers *Baby Carrots w/dip Water <small>*Under 3 yrs: softened carrots</small>	Low Fat Vanilla Yogurt *Assorted Fresh Fruit Water <small>*Under 2 yrs: Canned Mandrin</small>	*Tortilla Chips Salsa *String Cheese Water <small>*Under 2 yrs: Wheat Wraps & Sliced Cheese</small>	Whole Wheat Soft Pretzels w/mustard Multicolored Peppers Water	Rice Cakes w/sunbutter *Assorted Fresh Fruit Water <small>*Under 2 yrs: Canned Peaches</small>

This institution is an equal opportunity provider and employer.
*Assorted Fruit: Apples, Bananas, Oranges, Peaches, or Pears

***Whole Milk for 1 year olds & 1% Milk for 2 years and up.**