



GREAT BAY KIDS



WEEKLY MENU FOR THE WEEK OF: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Chex Cereal Fresh Fruit Milk *Under 2: Apples in natural juices	Biscuits w/Butter & Jelly Fresh Fruit Milk *Under 2: Mango	Wheat Toast w/Sunbutter Fresh Fruit Milk *Under 2: Pears in natural juices	Kix Cereal Fresh Fruit Milk *Under 2: Banana	Wheat Bagel w/Cream Cheese Fresh Fruit Milk *Under 2: Strawberries
Lunch Protein Grain Vegetable Fruit Milk	American Chop Suey w/ Whole Wheat Pasta Broccoli Fresh Fruit Milk *Under 2: Banana	Shepard's Pie Potatoes & Corn Wheat Roll Fresh Fruit Milk *Under 2: Peaches in natural juices	Egg Patty Pancakes Corn Blueberries Milk	Chicken a la King Biscuits Peas Fresh Fruit Milk *Under 2: Apples in natural juices	Baked Ham Brown Rice Pilaf Green Beans Fresh Fruit Milk *Under 2: Pears in natural juices
Snack Two Different Components	Wheat Crackers Fresh Fruit Water *Under 2: Pears in natural juices	Banana Bread Fresh Fruit Water *Under 2: Mandrin oranges in natural juices	Carrots & Cucumbers w/dip Goldfish Water *Under 3: softened	Low Fat Vanilla Yogurt Blueberries Water	American Cheese Saltines Water *Under 2: Peaches in natural juices

This institution is an equal opportunity provider and employer.

***Whole Milk for 1 year olds & 1% Milk for 2 years and up.**

*Assorted Fruit: Apples, Bananas, Oranges, Peaches, Pears, Plums,