

GREAT BAY KIDS

INFANT MENU FOR THE WEEK OF: _____ CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

D	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Banana</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Applesauce</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Blueberries</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mango</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas</p>
Lunch Protein Grain Vegetable Fruit Milk	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Peas</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Beef and 0-2 Tbsp Pineapple in Natural Juice</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 Oz American Cheese and 0-2 Tbsp Strawberry</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Turkey and 0-2 Tbsp Green Beans</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Broccoli</p>
Snack Two Different Components	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 Wheat Ritz Cracker and 0-2 Tbsp Broccoli</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chex Cereal and 0-2 Tbsp Peaches in natural juice</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Goldfish and 0-2 Tbsp Bananas</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Rice Cakes w/sunbutter and 0-2 Tbsp Apples in natural juice</p>	<p>Birth through 5 Months 4-6oz Breast Milk/Formula</p> <p>6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Wheat Crackers and 0-2 Tbsp Pears in natural juice</p>

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***