

# GREAT BAY KIDS

INFANT MENU FOR THE WEEK OF: \_\_\_\_\_ CHILD'S NAME: \_\_\_\_\_

PARENT GUARDIAN SIGNATURE: \_\_\_\_\_

Parent Provided Foods: \_\_\_\_\_

A	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Pears in natural juice	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Frz Blueberries	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mango	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Applesauce
<b>Lunch</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Chicken and 0-2 Tbsp Broccoli	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 oz American Cheese and 0-2 Tbsp Corn	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Ham and 0-2 Tbsp Peas	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Pork and 0-2 Tbsp Carrots	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Beef and 0-2 Tbsp Green Beans
<b>Snack</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 oz Yogurt and 0-2 Tbsp Applesauce	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Cheerios and 0-2 Tbsp Bananas	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Whole Grain Soft Pretzel and 0-2 Tbsp Applesauce	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Animal Crackers and 0-2 Tbsp Mandarin Oranges	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula  <b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 Wheat Ritz Crackers and 0-2 Tbsp Pears in natural juice

**(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped**

This institution is an equal opportunity provider and employer.

*\*Or Infant Rice Cereal if preferred*