



GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Kix Cereal Mandarin Oranges in natural juice Milk	Cheerios Tropical Fruit in natural Juice Milk	Wheat Toast w/butter Applesauce Milk	Wheat Bagels w/cream cheese Bananas Milk	Biscuits w/butter *Fresh Fruit Milk *Under 2yrs: Bananas
Lunch Protein Grain Vegetable Fruit Milk	Turkey & American Cheese, Wheat Wraps *Steamed Snow Peas Pears in natural juice Milk *Under 3 yrs: Frozen Peas	Baked Whole Wheat Pasta w/Ground Turkey Frz Peas & Carrots Bananas Milk	Chicken & Wild Rice Soup Saltines Cucumber Slices Peaches in natural water Milk	Shepherd's Pie Ground Beef Mashed Potatoes Corn *Fresh Apples Milk *Under 2 yrs: canned	Grilled Cheese on Whole Wheat Tomato & Mac Soup *Fresh Pears Milk *Under 2 yrs: canned
Snack Two Different Components	Low Fat Vanilla Yogurt *Fresh Apples Water *Under 2 yrs: Canned	Baked Oatmeal Bars *Orange Slices Water *Under 2 yrs: Mandarin	*Tortilla Chips w/salsa American Cheese Water *Under 3 yrs: Pita Bread	Goldfish Crackers Pineapple in natural juice Water	*Carrots w/dip Wheat Ritz Crackers Water *Under 3 yrs: softened

This institution is an equal opportunity provider and employer.

***Whole Milk for 1 year olds & 1% Milk for 2 years and up.**