## GREAT BAY KIDS' COMPANY

INFANT MENU FOR THE WEEK OF: \_\_\_\_\_ CHILD'S NAME: \_\_\_\_\_

## PARENT GUARDIAN SIGNATURE: \_\_\_\_\_

Parent Provided Foods: \_\_\_\_\_

| D                                                              | Monday                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                          | Wednesday                                                                                                                                                                                                      | Thursday                                                                                                                                                                                                              | Friday                                                                                                                                                                                             |
|----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Breakfast                                                      | <b>Birth through 5 Months</b><br>4-6oz Breast Milk/Formula                                                                                                                                            | <b>Birth through 5 Months</b><br>4-6oz Breast Milk/Formula                                                                                                                                                       | <b>Birth through 5 Months</b><br>4-6oz Breast Milk/Formula                                                                                                                                                     | <b>Birth through 5 Months</b><br>4-6oz Breast Milk/Formula                                                                                                                                                            | <b>Birth through 5 Months</b><br>4-6oz Breast Milk/Formula                                                                                                                                         |
| Grain<br>Fruit<br>Milk                                         | <b>6 through 11 Months</b><br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br><b>And</b><br>0-2 Tbsp Peaches in natural juice                                                          | <b>6 through 11 Months</b><br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br><b>And</b><br>0-2 Tbsp Pears in natural juice                                                                       | <b>6 through 11 Months</b><br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br><b>And</b><br>0-2 Tbsp Bananas                                                                                    | <b>6 through 11 Months</b><br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br><b>And</b><br>0-2 Tbsp Applesauce                                                                                        | <b>6 through 11 Months</b><br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br><b>And</b><br>0-2 Tbsp Frz Blueberries                                                                |
| <b>Lunch</b><br>Protein<br>Grain<br>Vegetable<br>Fruit<br>Milk | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-4 Tbsp Ground Turkey<br>and<br>0-2 Tbsp Frz Peas | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-4 Tbsp American Cheese<br>and<br>0-2 Tbsp Cucumber          | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-4 Tbsp Chicken<br>and<br>0-2 Tbsp Frz Corn                | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-4 oz Ground Beef<br>and<br>0-2 Tbsp Carrots                      | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-4 Tbsp Chicken<br>and<br>0-2 Tbsp Green Beans |
| Snack<br>Two<br>Different<br>Components                        | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-2 Graham Crackers<br>and<br>0-2 Tbsp Applesauce  | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-4 Tbsp Biscuits<br>and<br>0-2 Tbsp Peaches in natural juice | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-2 Wheat Ritz Crackers<br>and<br>0-2 Tbsp Mandarin Oranges | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-4 Tbsp Animal Crackers<br>and<br>0-2 Tbsp Pears in natural juice | Birth through 5 Months<br>4-6oz Breast Milk/Formula<br>6 through 11 Months<br>6-8 oz Breast Milk/Formula<br>0-4Tbsp Oatmeal Infant Cereal<br>or<br>0-4 Tbsp Cheerios<br>and<br>0-2 Tbsp Bananas    |

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped \*Or Infant Rice Cereal if preferred This institution is an equal opportunity provider and employer.



