



GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: _____ CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Mandarin in natural juice	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Peaches in natural juice	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Applesauce	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal And 0-2 Tbsp Bananas
Lunch Protein Grain Vegetable Fruit Milk	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Vanilla Yogurt and 0-2 Tbsp Frz Peas	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Ground Turkey and 0-2 Tbsp Sweet Potatoes	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Shredded Chicken and 0-2 Tbsp Cucumbers	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 oz Ground Beef and 0-2 Frz Corn	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Cheese Slices and 0-2 Tbsp Pears in natural juice
Snack Two Different Components	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 Graham Crackers and 0-2 Tbsp Apples in natural juice	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Baked Oatmeal Bars and 0-2 Tbsp Mandarin Oranges	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-1/2 Wheat Pita Bread and 0-2 Tbsp Bananas	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-2 Goldfish Crackers and 0-2 Tbsp Pineapple in natural juice	Birth through 5 Months 4-6oz Breast Milk/Formula 6 through 11 Months 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal or 0-4 Tbsp Wheat Ritz Crackers and 0-2 Tbsp Carrots

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***