



# GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: \_\_\_\_\_

C	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Grain Fruit Milk	Corn Flakes Pears in natural juice Milk	Biscuits w/jelly Frz Blueberries Milk	Wheat Bagels w/sunbutter Apple Slices in natural juice Milk	Rice Krispies Fruit Mix in natural juice Milk	Chex Cereal Bananas Milk
<b>Lunch</b> Protein Grain Vegetable Fruit Milk	Chicken Parmesan w/ Whole Wheat Macaroni Frz Corn *Fresh Apples Milk *Under 2 yrs: canned	Turkey & Wild Rice Soup Frz Carrots Peaches in natural juice Milk	Baked Ham Wheat Rolls Frz Wax Beans *Fresh Pears Milk *Under 2 yrs: canned	Vegetable Lasagna Cucumber Slices Bananas Milk	Ham & Provolone Wheat Wrap Frz Peas Mandarin Oranges in natural juice Milk
<b>Snack</b> Two Different Components	Rice Cakes w/sunbutter Cucumber Slices Water	*Tortilla Chips w/salsa American Cheese Water *Under 3 yrs: Wheat Pita Bread	Cinnamon Muffins Low Fat Vanilla Yogurt Water	Soft Pretzels w/mustard Assorted Fresh Fruit Water	Goldfish Applesauce Water

This institution is an equal opportunity provider and employer.

**\*Whole Milk for 1 year olds & 1% Milk for 2 years and up.**