



# GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: \_\_\_\_\_

A	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>  Grain Fruit Milk	Kix Cereal Frz Blueberries Milk	Wheat Bagels w/cream cheese Bananas Milk	Rice Cakes w/Sunbutter Peaches in natural juice Milk	Wheat Raisin Toast w/butter Pears in natural juice Milk	Cheerios Tropical Fruit in natural juice Milk
<b>Lunch</b>  Protein Grain Vegetable Fruit Milk	Sweet & Sour Turkey Meatballs Brown Basmati Rice Frz Wax Beans Mixed Fruit in natural juice Milk	BBQ Chicken Wheat Wraps Frz String Beans Pineapple in natural juice Milk	American Chop Suey w/ground turkey & Whole Wheat Pasta *Fresh Carrots Bananas Milk *Under 3 yrs: softened	Grilled American Cheese on Whole Wheat Bread Cucumbers *Fresh Apples Milk *Under 2 yrs: canned	Ground Beef w/gravy Egg Noodles Corn Peaches in natural juice Milk
<b>Snack</b>  Two Different Components	Graham Crackers *Fresh Apples w/sunbutter Water  *Under 2 yrs: canned	Animal Crackers *Fresh Pears Water  *Under 2 yrs: canned	*Tortilla Chips w/salsa American Cheese Water  *Under 3 yrs: Pita Bread	Wheat Ritz Crackers *Assorted Fresh Fruit Water  *Under 2 yrs: Bananas	Corn Bread Applesauce Water

This institution is an equal opportunity provider and employer.

**\*Whole Milk for 1 year olds & 1% Milk for 2 years and up.**