



GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: _____ CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Fruit	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Milk	And 0-2 Tbsp Pears in natural juice	And 0-2 Tbsp Frz Blueberries	And 0-2 Tbsp Apples in natural juice	And 0-2 Tbsp Mandarins in natural juice	And 0-2 Tbsp Bananas
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Protein	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Vegetable	or	or	or	or	or
Fruit	0-4 Tbsp Chicken	0-4 Tbsp Ground Turkey	0-4 Tbsp Ham	0-4 oz Low Fat Vanilla Yogurt	0-2 oz. Provolone Cheese
Milk	and 0-2 Tbsp Frz Corn	and 0-2 Tbsp Carrots	and 0-2 Tbsp Frz Wax Beans	and 0-2 Tbsp Cucumbers	and 0-2 Tbsp Frz Peas
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Different	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Components	or 0-2 Tbsp Rice Cakes w/sunbutter	or 0-4 Tbsp Cheerios	or 0-4 Tbsp Cinnamon Muffins	or 0-2 Rice Cakes	or 0-4 Tbsp Goldfish
	and 0-2 Tbsp Apples in natural juice	and 0-2 Tbsp Peaches in natural juice	and 0-2 Tbsp Pears in natural juice	and 0-2 Tbsp Bananas	and 0-2 Tbsp Applesauce

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***