



# GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: \_\_\_\_\_ CHILD'S NAME: \_\_\_\_\_

PARENT GUARDIAN SIGNATURE: \_\_\_\_\_

Parent Provided Foods: \_\_\_\_\_

B	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Grain	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula
Fruit	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Milk	<b>And</b> 0-2 Tbsp Frz Blueberries	<b>And</b> 0-2 Tbsp Apples in natural juice	<b>And</b> 0-2 Tbsp Mandarin Oranges in natural juice	<b>And</b> 0-2 Tbsp Bananas	<b>And</b> 0-2 Tbsp Applesauce
<b>Lunch</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Protein	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula
Grain	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Vegetable	<b>or</b>	<b>or</b>	<b>or</b>	<b>or</b>	<b>or</b>
Fruit	0-4 Tbsp Chicken	0-4 Tbsp Ham	0-4 oz Low Fat Vanilla Yogurt	0-2 oz Provolone Cheese	0-4 Tbsp Pork
Milk	<b>and</b> 0-2 Tbsp Frz Broccoli	<b>and</b> 0-2 Tbsp Frz Peas	<b>and</b> 0-2 Tbsp Pineapple in natural juice	<b>and</b> 0-2 Tbsp Frz Corn	<b>and</b> 0-2 Tbsp Frz Carrots
<b>Snack</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Two	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula
Different	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Components	<b>or</b> 0-4 Tbsp Saltines	<b>or</b> 0-4 Tbsp Gold Fish	<b>or</b> 0-4 Tbsp Gingerbread	<b>or</b> 0-4 Tbsp Cheerios	<b>or</b> 0-2 Wheat Ritz Crackers
	<b>and</b> 0-2 Tbsp Applesauce	<b>and</b> 0-2 Tbsp Cucumbers	<b>and</b> 0-2 Tbsp Apples in natural juice	<b>and</b> 0-2 Tbsp Pears in natural juice	<b>and</b> 0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

*\*Or Infant Rice Cereal if preferred*