



# GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: \_\_\_\_\_

C	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Grain Fruit Milk	Chex Cereal Apples in natural juice Milk	Biscuits w/butter Pineapple in natural juice Milk	Wheat Toast w/sunbutter *Fresh Pears Milk  *Under 2 yrs: canned	Rice Krispies Bananas Milk	Whole Grain Banana Bread Mandarin Oranges Milk
<b>Lunch</b> Protein Grain Vegetable Fruit Milk	Ham Casserole w/ Wheat Pasta Frz Peas & Corn Peaches in natural juice Milk	Shepherd's Pie w/Potatoes & Corn Wheat Roll Mixed Fruit in natural juice Milk	Turkey Sandwich on Wheat Bread Frz Green Beans Bananas Milk	Chic' Penne w/ Whole Wheat Penne & Broccoli *Fresh Apples Milk  *Under 2 yrs: canned	Whole Wheat Pita Melts w/American Cheese Carrots Applesauce Milk
<b>Snack</b> Two Different Components	Wheat Crackers Pears in natural juice Water	Rice Cakes w/Sunbutter Mandarin Oranges Water	*Carrots & Cucumbers w/dip Goldfish Water  *Under 3 yrs: softened	Low Fat Vanilla Yogurt Frz Blueberries Water	American Cheese Saltines Water

This institution is an equal opportunity provider and employer.

**\*Whole Milk for 1 year olds & 1% Milk for 2 years and up.**