



# GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: \_\_\_\_\_

A	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Grain Fruit Milk	Kix Cereal Bananas Milk	Whole Wheat Bagels w/ Butter Mixed Fruit in natural juice Milk	Cheerios Frz Blueberries Milk	Rice Cakes w/Sunbutter Peaches in natural juice Milk	Wheat Toast w/butter Applesauce Milk
<b>Lunch</b> Protein Grain Vegetable Fruit Milk	Chicken & Broccoli Wheat Pasta w/Pesto *Fresh Apples Milk  *Under 2 yrs: Canned	Ham & American Cheese Whole Wheat Bread Green Beans Mandarin Oranges in natural juice Milk	Beef Stroganoff w/Egg Noodles Frz Peas Pineapple in natural juice Milk	American Chop Suey w/ Wheat Pasta Frz Carrots Pears in natural juice Milk	Wild Rice & Turkey Casserole Frz Chuck Wagon Corn Bananas Milk
<b>Snack</b> Two Different Components	*Carrots w/Dip Wheat Pita Bread Water  *Under 3 yrs: softened	Low Fat Vanilla Yogurt Bananas Water	Whole Grain Soft Pretzels w/Mustard American Cheese Water	Animal Crackers *Orange Slices Water  *Under 2 yrs: Mandarin	Wheat Crackers Pears in natural juice Water

This institution is an equal opportunity provider and employer.

**\*Whole Milk for 1 year olds & 1% Milk for 2 years and up.**