



# GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: \_\_\_\_\_ CHILD'S NAME: \_\_\_\_\_

PARENT GUARDIAN SIGNATURE: \_\_\_\_\_

Parent Provided Foods: \_\_\_\_\_

D	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Grain Fruit Milk	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-2 Tbsp Mandarin Oranges	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-2 Tbsp Applesauce	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-2 Tbsp Peaches in natural juice	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-2 Tbsp Frz Blueberries	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-2 Tbsp Bananas
<b>Lunch</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Protein Grain Vegetable Fruit Milk	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 oz Low Fat Vanilla Yogurt <b>and</b> 0-2 Tbsp Beets	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Ground Turkey <b>and</b> 0-2 Tbsp Green Beans	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-2 Oz American Cheese <b>and</b> 0-2 Tbsp Apples in natural juice	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 oz Ground Beef <b>and</b> 0-2 Tbsp Carrots	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Chickens <b>and</b> 0-2 Tbsp Frz Peas
<b>Snack</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Two Different Components	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-2 Wheat Ritz Cracker <b>and</b> 0-2 Tbsp Broccoli	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Chex Cereal <b>and</b> 0-2 Tbsp Peaches in natural juice	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Cinnamon Bread <b>and</b> 0-2 Tbsp Bananas	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Rice Cakes w/sunbutter <b>and</b> 0-2 Tbsp Apples in natural juice	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Wheat Crackers <b>and</b> 0-2 Tbsp Pears in natural juice

**(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped**

This institution is an equal opportunity provider and employer.

***\*Or Infant Rice Cereal if preferred***