



# GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: \_\_\_\_\_

| C                                                              | Monday                                                                                                     | Tuesday                                                                            | Wednesday                                                                                                                               | Thursday                                                                              | Friday                                                                                                          |
|----------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Grain<br>Fruit<br>Milk                     | Chex Cereal<br>*Fresh Pears<br>Milk<br><br>*Under 2 yrs: canned                                            | Wheat Bagels w/jelly<br>*Fresh Orange Slices<br>Milk<br><br>*Under 2 yrs: Mandarin | Cheerios<br>Peaches in natural juice<br>Milk                                                                                            | Wheat Toast w/butter<br>Applesauce<br>Milk                                            | French Toast<br>Fruit Mix in natural juice<br>Milk                                                              |
| <b>Lunch</b><br>Protein<br>Grain<br>Vegetable<br>Fruit<br>Milk | Ham & American<br>Cheese on<br>Wheat Bread<br>Green Beans<br>*Fresh Apples<br>Milk<br>*Under 2 yrs: canned | Chicken Nuggets<br>Whole Wheat Rolls<br>Peas<br>Bananas<br>Milk                    | Chicken Fajita<br>w/peppers and onions<br>Wheat Wraps<br>*Fresh Carrots<br>Pineapple in natural juice<br>Milk<br>*Under 2 yrs: softened | Egg Patties<br>Biscuits<br>Steamed Broccoli<br>Applesauce<br>Milk                     | American Chop Suey<br>w/Ground Beef &<br>Whole Wheat Pasta<br>Cucumber Slices<br>Pears in natural juice<br>Milk |
| <b>Snack</b><br>Two<br>Different<br>Components                 | Rice Cakes<br>w/sunbutter<br>Cucumber Slices<br>Water                                                      | Blueberry Cornbread<br>Applesauce<br>Water                                         | Goldfish Crackers<br>*String Cheese<br>Water<br><br>*Under 2 yrs: American                                                              | Wheat Ritz Crackers<br>*Assorted Fresh<br>Fruit<br>Water<br><br>*Under 2 yrs: Bananas | Chex Cereal Mix<br>Mandarin Oranges in<br>natural juice<br>Water                                                |

This institution is an equal opportunity provider and employer.

**\*Whole Milk for 1 year olds & 1% Milk for 2 years and up.**