



GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Whole Wheat Bagels w/Butter or Cream Cheese Pears in natural juice Milk	Rice Cakes w/Sunbutter Applesauce Milk	Corn Chex Bananas Milk	French Toast Mixed Mix in natural juice Milk	Cheerios Pineapple in natural juice Milk
Lunch Protein Grain Vegetable Fruit Milk	Grilled American Cheese on Wheat Bread Tomato & Cucumber Slices Mandarin Oranges in natural juice Milk	Ham & Provolone Cheese on Wheat Hamburger Roll Frz Wax Beans Bananas Milk	Tuna Salad Hot Dog Roll Frz Broccoli Pineapple in natural juice Milk	American Chop Suey w/ WholeWheat Pasta Frz Green Beans Peaches in natural juice Milk	Sunbutter w/Jelly Whole Wheat Bread Cheese Slices Frz Peas *Apples Milk *Under 2 yrs:canned
Snack Two Different Components	*Tiny Twist Pretzels Apricots in natural juice Water *Under 3 yrs: Ritz Wheat Crackers	Assorted Vegies w/dip Goldfish Water	Graham Crackers Low Fat Vanilla Yogurt Water	Cornbread Applesauce Water	Wheat Crackers *Pears Water *Under 2 yrs: canned

This institution is an equal opportunity provider and employer.

***Whole Milk for 1 year olds & 1% Milk for 2 years and up.**