



# GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: \_\_\_\_\_ CHILD'S NAME: \_\_\_\_\_

PARENT GUARDIAN SIGNATURE: \_\_\_\_\_

Parent Provided Foods: \_\_\_\_\_

C	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Grain Fruit Milk	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-4 Tbsp Pears in natural juice	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-4 Tbsp Applesauce	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-4 Tbsp Bananas	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-4 Tbsp Peaches in natural juice	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>And</b> 0-4 Tbsp Pineapple in natural juice
<b>Lunch</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Protein Grain Vegetable Fruit Milk	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-2 oz. American Cheese <b>and</b> 0-2 Tbsp Mandarin Oranges	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-2 oz Ham <b>and</b> 0-2 Tbsp Wax Beans	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-2 oz. Provolone Cheese <b>and</b> 0-2 Tbsp Carrots	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-2 oz Ground Turkey <b>and</b> 0-2 Tbsp Green Beans	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 oz. Vanilla Yogurt <b>and</b> 0-2 Tbsp Peas
<b>Snack</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Two Different Components	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Cheerios <b>and</b> 0-2 Tbsp Apricots in natural juice	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Goldfish <b>and</b> 0-2 Tbsp Carrots	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Graham Crackers <b>and</b> 0-2 Tbsp Pineapple in natural juice	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>Or</b> 0-4 Tbsp Corn Bread <b>and</b> 0-2 Tbsp Applesauce	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4Tbsp Oatmeal Infant Cereal <b>or</b> 0-2 Wheat Ritz Crackers <b>and</b> 0-2 Tbsp Pears in natural juice

**(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped**

This institution is an equal opportunity provider and employer.

***\*Or Infant Rice Cereal if preferred***