



# GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: \_\_\_\_\_

C	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Grain Fruit Milk	Chex Cereal *Fresh Pears Milk  *Under 2 yrs: canned	Wheat Bagels w/jelly *Fresh Orange Slices Milk  *Under 2 yrs: Mandarin	Cheerios Peaches in natural juice Milk	Wheat Toast w/butter Fruit Mix in natural juice Milk	Blueberry Cornbread Applesauce Milk
<b>Lunch</b> Protein Grain Vegetable Fruit Milk	Ham & American Cheese on Wheat Bread Green Beans *Fresh Apples Milk *Under 2 yrs: canned	Minestrone Soup Saltines Bananas Milk	Chicken Fajita w/peppers and onions Wheat Wraps *Fresh Carrots Pineapple in natural juice Milk *Under 2 yrs: softened	Egg Patties Biscuits Steamed Broccoli Applesauce Milk	American Chop Suey w/Ground Turkey & Whole Wheat Pasta Cucumber Slices Pears in natural juice Milk
<b>Snack</b> Two Different Components	Rice Cakes w/sunbutter Cucumber Slices Water	Whole Grain Peach Muffin Squares Applesauce Water	Gold Fish *String Cheese Water  *Under 2 yrs: American	Wheat Ritz Crackers *Assorted Fresh Fruit Water  *Under 2 yrs: Bananas	Chex Cereal Mix Mandarin Oranges in natural juice Water

This institution is an equal opportunity provider and employer.

**\*Whole Milk for 1 year olds & 1% Milk for 2 years and up.**