



# GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: \_\_\_\_\_ CHILD'S NAME: \_\_\_\_\_

PARENT GUARDIAN SIGNATURE: \_\_\_\_\_

Parent Provided Foods: \_\_\_\_\_

C	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Grain	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>
Fruit	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Milk	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	<b>And</b>	<b>And</b>	<b>And</b>	<b>And</b>	<b>And</b>
	0-4 Tbsp Pears in natural juice	0-4 Tbsp Mandarin Oranges	0-4 Tbsp Peaches in natural juice	0-4 Tbsp Applesauce	0-4 Tbsp Bananas
<b>Lunch</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Protein	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>
Grain	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Vegetable	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Fruit	<b>or</b>	<b>or</b>	<b>or</b>	<b>or</b>	<b>or</b>
Milk	0-2 oz. Ham	0-4 Tbsp Vegetarian Beans	0-2 oz. Shredded Chicken	0-2 oz Egg Patties	0-2 oz. Ground Turkey
	<b>and</b>	<b>and</b>	<b>and</b>	<b>and</b>	<b>and</b>
	0-2 Tbsp Green Beans	0-2 Tbsp Bananas	0-2 Tbsp Carrots	0-2 Tbsp Broccoli	0-2 Tbsp Cucumbers
<b>Snack</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Two	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>	<b>6 through 11 Months</b>
Different	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Components	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	<b>or</b>	<b>or</b>	<b>or</b>	<b>or</b>	<b>or</b>
	0-2 Tbsp Whole Grain Peach Squares	0-4 Tbsp Gold Fish	0-4 Tbsp Wheat Bread	0-2 Wheat Ritz Crackers	0-4 Tbsp Cheerios
	<b>and</b>	<b>and</b>	<b>and</b>	<b>and</b>	<b>and</b>
	0-2 Tbsp Applesauce	0-2 Tbsp Apples in natural juice	0-2 Tbsp Cucumber	0-2 Tbsp Bananas	0-2 Tbsp Pears in natural juice

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

*\*Or Infant Rice Cereal if preferred*