



GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Oatmeal Pears in natural juice Milk	Biscuits w/jelly Frz Blueberries Milk	Wheat Bagels w/sunbutter Apple Slices in natural juice Milk	Pancakes Fruit Mix in natural juice Milk	Chex Cereal Bananas Milk
Lunch Protein Grain Vegetable Fruit Milk	Chicken Parmesan w/ Whole Wheat Macaroni Frz Corn *Fresh Apples Milk *Under 2 yrs: canned	Turkey Meatballs in Alfredo Sauce w/ Whole Wheat Rotini Frz Carrots Bananas Milk	Baked Ham Wild Rice Butternut Squash *Fresh Pears Milk *Under 2 yrs: canned	Vegetable Lasagna Cucumber Slices Peaches in natural juice Milk	Ham & Provolone Wheat Wrap Frz Peas Mandarin Oranges in natural juice Milk
Snack Two Different Components	Soft Pretzels w/mustard Cucumber Slices Water	Pumpkin Bread Low Fat Vanilla Yogurt Water	*Tortilla Chips w/salsa American Cheese Water *Under 3 yrs: Wheat Pita Bread	Wheat Ritz Crackers Apricots in natural juice Water	Goldfish Applesauce Water

This institution is an equal opportunity provider and employer.

***Whole Milk for 1 year olds & 1% Milk for 2 years and up.**