



# GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: \_\_\_\_\_

B	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>  Grain Fruit Milk	Cheerios Frz Blueberries Milk	Waffles Apples in natural juice Milk	Whole Wheat English Muffin w/Strawberry Preserves Mandarin Oranges Milk	Oatmeal Raisin Muffins Bananas Milk	Whole Wheat Toast w/sunbutter Applesauce Milk
<b>Lunch</b>  Protein Grain Vegetable Fruit Milk	BBQ Chicken Whole Wheat Hamburger Roll Frz Broccoli Applesauce Milk	Whole Wheat Mac & Cheese Diced ham Frz Peas & Carrots Mixed Fruit in natural Juice Milk	Sweet/Sour Chicken Brown Rice Frz String Beans Pineapple in natural juice Milk	Sunbutter & Jelly on Whole Wheat Bread Provolone Slices Frz California Mixed Vegetables *Orange Slices Milk *Under 2 yrs: Mandarin	Turkey Cheese Casserole Whole Grain Roll Sweet Potatoes Peaches in natural juice Milk
<b>Snack</b>  Two Different Components	*String Cheese Apricots in natural juice Water  *Under 2 yrs: Cheese Slices	*Assorted Fresh Vegetables w/dip Goldfish Water  *Under 3yrs:Cucumbers	Gingerbread *Fresh Apples Water  *Under 2 yrs: canned	Chex Cereal Mix Pears in natural juice Water	Whole Wheat Crackers Bananas Water

This institution is an equal opportunity provider and employer.

**\*Whole Milk for 1 year olds & 1% Milk for 2 years and up.**