



GREAT BAY KIDS' COMPANY



WEEKLY MENU FOR THE WEEK OF: _____

A	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Kix Cereal Frz Blueberries Milk	Wheat Bagels w/cream cheese Bananas Milk	French Toast Frz Strawberries Milk	Wheat Raisin Toast w/butter Pears in natural juice Milk	Pancakes Tropical Fruit in natural juice Milk
Lunch Protein Grain Vegetable Fruit Milk	Turkey Meatballs Brown Basmati Rice Frz Wax Beans Bananas Milk	Mexican Chicken Wheat Wraps Frz String Beans Pineapple in natural juice Milk	American Chop Suey w/ground turkey & Whole Wheat Pasta *Fresh Carrots Mixed Fruit in natural juice Milk *Under 3 yrs: softened	Tomato Soup Grilled American Cheese on Whole Wheat Bread Cucumbers *Fresh Apples Milk *Under 2 yrs: canned	Ground Beef w/gravy Egg Noodles Corn Peaches in natural juice Milk
Snack Two Different Components	Graham Crackers *Fresh Apples w/sunbutter Water *Under 2 yrs: canned	Carrot Bread *Fresh Pears Water *Under 2 yrs: canned	*Tortilla Chips w/salsa American Cheese Water *Under 3 yrs: Pita Bread	Wheat Ritz Crackers *Assorted Fresh Fruit Water *Under 2 yrs: Bananas	Corn Bread Applesauce Water

This institution is an equal opportunity provider and employer.

***Whole Milk for 1 year olds & 1% Milk for 2 years and up.**