



GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: _____ CHILD'S NAME: _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

C	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months
Fruit	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Milk	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	And	And	And	And	And
	0-2 Tbsp Pears in natural juice	0-2 Tbsp Frz Blueberries	0-2 Tbsp Apples in natural juice	0-2 Tbsp Pears in natural juice	0-2 Tbsp Bananas
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Protein	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months
Grain	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Vegetable	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Fruit	or	or	or	or	or
Milk	0-4 Tbsp Chicken	0-4 Tbsp Ground Turkey	0-4 Tbsp Ham	0-4 oz Low Fat Vanilla Yogurt	0-2 oz. Provolone Cheese
	and	and	and	and	and
	0-2 Tbsp Frz Corn	0-2 Tbsp Carrots	0-2 Tbsp Butternut Squash	0-2 Tbsp Cucumbers	0-2 Tbsp Frz Peas
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months	6 through 11 Months
Different	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula	6-8 oz Breast Milk/Formula
Components	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
	or	or	or	or	or
	0-2 Tbsp Cheerios	0-4 Tbsp Pumpkin Bread	0-4 Tbsp Kix Cereal	0-2 Wheat Ritz Crackers	0-4 Tbsp Corn Bread
	and	and	and	and	and
	0-2 Tbsp Pineapple in natural juice	0-2 Tbsp Bananas	0-2 Tbsp Peachess in natural juice	0-2 Tbsp Apricots in natural juice	0-2 Tbsp Applesauce

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***