



GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: _____ **CHILD'S NAME:** _____

PARENT GUARDIAN SIGNATURE: _____

Parent Provided Foods: _____

B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Grain	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Fruit	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Milk	And 0-2 Tbsp Frz Blueberries	And 0-2 Tbsp Apples in natural juice	And 0-2 Tbsp Mandarin Oranges in natural juice	And 0-2 Tbsp Bananas	And 0-2 Tbsp Applesauce
Lunch	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Protein	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Grain	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Vegetable	or	or	or	or	or
Fruit	0-4 Tbsp Chicken	0-4 Tbsp Ham	0-4 Tbsp Chicken	0-2 oz Provolone Cheese	0-4 Tbsp Ground Turkey
Milk	and 0-2 Tbsp Frz Broccoli	and 0-2 Tbsp Frz Carrots	and 0-2 Tbsp String Beans canned rinsed	and 0-2 Tbsp Frz Corn	and 0-2 Tbsp Sweet Potatoes
Snack	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula	Birth through 5 Months 4-6oz Breast Milk/Formula
Two	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula	6 through 11 Months 6-8 oz Breast Milk/Formula
Different	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Components	or 0-4 Tbsp Kix Cereal	or 0-4 Tbsp Gold Fish	or 0-4 Tbsp Gingerbread	or 0-4 Tbsp Cheerios	or 0-2 Wheat Ritz Crackers
	and 0-2 Tbsp Apricots in natural juice	and 0-2 Tbsp Cucumbers	and 0-2 Tbsp Apples in natural juice	and 0-2 Tbsp Pears in natural juice	and 0-2 Tbsp Bananas

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

****Or Infant Rice Cereal if preferred***