



# GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: \_\_\_\_\_ CHILD'S NAME: \_\_\_\_\_

PARENT GUARDIAN SIGNATURE: \_\_\_\_\_

Parent Provided Foods: \_\_\_\_\_

A	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Grain	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula
Fruit	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Milk	<b>And</b> 0-2 Tbsp Frz Blueberries	<b>And</b> 0-2 Tbsp Bananas	<b>And</b> 0-2 Tbsp Frz Strawberries	<b>And</b> 0-2 Tbsp Pears in natural juice	<b>And</b> 0-2 Tbsp Pineapple in natural juice
<b>Lunch</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Protein	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula
Grain	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Vegetable	<b>or</b>	<b>or</b>	<b>or</b>	<b>or</b>	<b>or</b>
Fruit	0-4 oz Vanilla Yogurt	0-4 Tbsp Chicken	0-4 Tbsp Ground Turkey	0-4 oz American Cheese	0-4 Tbsp Ground Beef
Milk	<b>and</b> 0-2 Tbsp Frz Wax Beans	<b>and</b> 0-2 Tbsp String Beans canned rinsed	<b>and</b> 0-2 Tbsp Frz Carrots	<b>and</b> 0-2 Tbsp Cucumbers	<b>and</b> 0-2 Tbsp Frz Corn
<b>Snack</b>	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula	<b>Birth through 5 Months</b> 4-6oz Breast Milk/Formula
Two	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula	<b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula
Different	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal	0-4Tbsp Oatmeal Infant Cereal
Components	<b>or</b> 0-2 Graham Crackers	<b>or</b> 0-4 Tbsp Carrot Bread	<b>or</b> 0-1/2 Wheat Pita Bread	<b>or</b> 0-2 Wheat Ritz Crackers	<b>or</b> 0-4 Tbsp Corn Bread
	<b>and</b> 0-2 Tbsp Apples in natural juice	<b>and</b> 0-2 Tbsp Peasrs in natural juice	<b>and</b> 0-2 Tbsp Peachess in natural juice	<b>and</b> 0-2 Tbsp Bananas	<b>and</b> 0-2 Tbsp Applesauce

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped

This institution is an equal opportunity provider and employer.

*\*Or Infant Rice Cereal if preferred*