



GREAT BAY KIDS' COMPANY

WEEKLY MENU FOR THE WEEK OF: _____



B	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Grain Fruit Milk	Whole Wheat Pancakes w/butter Mandarin Oranges in natural juice Milk	Oatmeal Peaches in natural Juice Milk	Wheat English Muffins w/Sun Butter *Grapes Milk *Under 3 yrs: chopped	Cheerios Bananas Milk	Whole Grain Berry Muffin Squares Pineapple in natural juice Milk
Lunch Protein Grain Vegetable Fruit Milk	Baked Ham Brown Rice Pilaf String Beans Fresh Steamed Peaches in natural juice Milk	Sunbutter & Jelly on Wheat Bread Cheese Slices Cucumber Slices Pineapple in natural juice Milk	Mozzarella Cheese Wheat Pita Pouches Frz Sweet Potatoes Bananas Milk	Chicken a la King w/ Frz Peas & Carrots Biscuits *Fresh Orange Slices Milk *Under 2 yrs: Mandarin	Turkey Sloppy Joes Wheat Hamburger Roll Cauliflower Frz *Fresh Apples Milk *Under 2 yrs: canned
Snack Two Different Components	*Fresh Broccoli w/dip Goldfish Water *Under 2 yrs: softened	Graham Crackers Fresh Apples Water	Whole Grain Corn Bread Applesauce Water	Rice Cakes w/Cream Cheese Pears in natural juice Water	*Tortilla Chips w/Salsa Cheese Slices Water *Under 3 yrs: Wheat Crackers

This institution is an equal opportunity provider and employer.

***Whole Milk for 1year olds & 1% Milk 2 years and up.**