

# GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: \_\_\_\_\_ CHILD'S NAME: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_

Parent Provided Foods: \_\_\_\_\_

(D)	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Mandarin Oranges</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Applesauce</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Peaches in natural juice</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Frz Blueberries</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Bananas</p>
<b>Lunch</b>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 oz Low Fat Vanilla Yogurt <b>and</b> 0-2 Tbsp Beets</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Ground Turkey <b>and</b> 0-2 Tbsp Frz Green Beans</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-2 Oz Cheese Slices <b>and</b> 0-2 Tbsp Apples in natural juice</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Ground Beef <b>and</b> 0-2 Tbsp Carrots</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Chicken <b>and</b> 0-2 Tbsp Frz Peas</p>
<b>Snack</b>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>or</b> 0-2 Wheat Ritz Crackers <b>and</b> 0-2 Tbsp Frz Broccoli</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>or</b> 0-4 Tbsp Mixed Chex Cereals <b>and</b> 0-2 Tbsp Peaches in natural juice</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>or</b> 0-4 Tbsp Whole Grain Cinnamon Bread <b>and</b> 0-2 Tbsp Bananas</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>or</b> 0-4 Tbsp Kix Cereal <b>and</b> 0-2 Tbsp Apples in natural juice</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>or</b> 0-4 Tbsp Cheerios <b>and</b> 0-2 Tbsp Pears in natural juice</p>

(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped)

This institution is an equal opportunity provider and employer.

*\*Or Rice Infant Cereal if preferred*