

# GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: \_\_\_\_\_ CHILD'S NAME: \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_

Parent Provided Foods: \_\_\_\_\_

(B)	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Mandarin Oranges in natural juice</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Peaches in natural juice</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Apricots in natural juice</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Bananas</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>and</b> 0-2 Tbsp Pineapple in natural juice</p>
<b>Lunch</b>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Ham <b>and</b> 0-2 Tbsp String Beans Fresh Steamed</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 oz Low Fat Vanilla Yogurt <b>and</b> 0-2 Tbsp Cucumbers</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-2 oz Mozzarella <b>and</b> 0-2 Tbsp Sweet Potatoes Frz</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Chicken <b>and</b> 0-2 Tbsp Carrots</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 6-8 oz Breast Milk/Formula 0-4 Tbsp Oatmeal Infant Cereal <b>or</b> 0-4 Tbsp Ground Turkey <b>and</b> 0-2 Tbsp Cauliflower Frz</p>
<b>Snack</b>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>or</b> 0-4 Tbsp Whole Grain Gold Fish <b>and</b> 0-2 Tbsp Broccoli</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>or</b> 0-4 Tbsp Cheerios <b>and</b> 0-2 Tbsp Strawberries</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>or</b> 0-4 Tbsp Corn Bread <b>and</b> 0-2 Tbsp Applesauce</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>Or</b> 0-2 Kix Cereal <b>and</b> 0-2 Tbsp Pears in natural juice</p>	<p><b>Birth through 5 Months</b> 4-6 oz Breast Milk/Formula</p> <p><b>6 through 11 Months</b> 2-4 oz Breast Milk/Formula 0-4 Tbsp Multi Grain Infant Cereal <b>or</b> 0-4 Tbsp Wheat Ritz Crackers <b>and</b> 0-2 Tbsp Bananas</p>

**(Food components are prepared to meet the developmental needs of each child: pureed, mashed, ground, finely chopped or chopped)**

This institution is an equal opportunity provider and employer.

*\*Or Rice Infant Cereal if preferred*