

Outdoor Play

Outdoor Play is important for children on many levels. We take children outdoors everyday so that they can run, jump, throw balls and explore nature. Not only is the fresh air and activity good for the children, but we also talk to them about what they are experiencing with their senses.

Here at school, while outdoors, children:

- take notice of changes in nature and the seasons
- discover how water evaporates when the sun comes out
 - explore how shadows work
 - learn how to use their bodies

What to do while outdoors at home

- bring paper and crayons to draw what you see
- bring a bucket of water and brushes to paint the sidewalk, driveway or fence
 - bring sidewalk chalk
 - play catch
 - blow bubbles
- at home you can take walks, explore the outdoors and go to parks or the beach
- use open-ended questions like: " Where do you think those birds are going?"